



Breakthrough Therapeutic Concepts, LLC.

408 Crain Highway, Glen Burnie, MD 21061

(410) 841-4448 ✦ info@btconcepts.org

Attending Psychologist: Dr. Deondra L. Smith

INSURANCE BENEFITS QUESTIONNAIRE

Whether you seek an in-network provider or out-of-network provider, navigating the “insurance world” can be hectic and confusing at times. In order to determine your insurance benefits, you can contact your insurance company at the number listed on the back of your insurance card.

The following questions may be helpful:

“I am calling to check on my outpatient psychotherapy benefits.”

(You may need to provide a brief overview as to what type of services you are seeking)

1. Are “out of network benefits” available? _____ Yes _____ No
(If No, then you need not to go further since reimbursement will not be available)
2. What is my deductible? \$ _____
3. How much of my deductible have I met already? \$ _____
4. Do I need authorization for psychotherapy? _____ Yes _____ No
 - a. If yes, what is the authorization number? _____
 - b. How many sessions are authorized to start? _____
 - c. What are the start and end dates of the authorized sessions? _____ to _____
5. What is the maximum number of sessions that I’m authorized to use for the year? _____
6. How do I submit the “Superbill” for out-of-network reimbursement given to me by my therapist?

7. If I am required to submit the “Superbill” by mail, what is the address?

8. If I am required to submit the “Superbill” online, what is the email address?

Date of Call: _____

Person Spoke With: _____